

# Suunto FIT download

1. Open your Suunto app on your phone.
2. Select and open the activity you wish to add to your DistantRace.com profile.
3. In the upper right corner of the page, choose the "three dots" icon and then press the button Export as FIT File.
4. You can send the selected activity to your email and then upload it from your computer to the DistantRace.com website, or save it on your phone and open the DistantRace.com page directly from your phone.
5. In both cases -- whether from a computer or a phone - log into your DistantRace.com profile and go to the My Activities section.
6. Choose the icon "Upload GPX" and add your activity.
7. Once the activity is uploaded, it will automatically be added to your DistantRace.com profile activities.

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