

Garmin GPX download

1. Log into your Connect.Garmin profile from a computer.
2. Click on the Activities section and then All Activities.
3. Select and open the activity you wish to add to your DistantRace.com profile.
4. In the upper right corner of the page, click on the More icon and choose "Export to GPX".
5. The selected activity will be downloaded to your computer in GPX format.
6. Then, log into your DistantRace.com profile and go to the My Activities section.
7. Choose the "Upload GPX" icon and add your activity.
8. Once the activity is uploaded, it will automatically be added to your DistantRace.com profile activities.

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<https://youtu.be/AdADziprwA0>

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