Daily Step Challenges

Introduction to Daily Steps

Daily steps are the simplest challenge that can be organized, and it is indeed straightforward - the user just needs to install the DistantRace app on their phone, and steps are automatically counted.

The step count is not always precise, nor is it known where and how they are taken, but they are automatically recorded in the phone - there's no need to press "start" / "stop" in a sports app.

Daily steps can also be counted indoors - no GPS signal is required, which allows participants who cover large distances indoors to participate.

We have also prepared informative material about supported applications: Supported Apps.

How to Create a Step Challenge?

To create a step challenge, click on "Create Virtual races" or "Create new Event", which will lead to a view where you can enter the basic details of the event.

- Event Name - The name of the event.
- Start of the event - Start of the sports challenge. You can, for example, give participants a few days to all register and then the step count in the challenge itself will begin.
- Duration in days - Number of days for the challenge
- Select Event main Languages - Choose the primary language of the challenge
- Pick Event Type - You should choose "Steps Challenge"
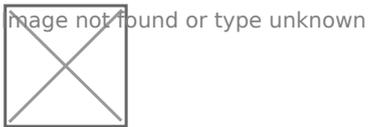
Virtual Route

To make the challenge more interesting, you can choose a virtual route that participants can follow.

Such a route makes the challenge more interesting and engaging for participants.
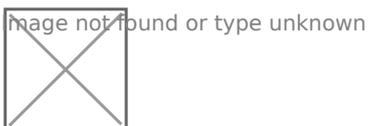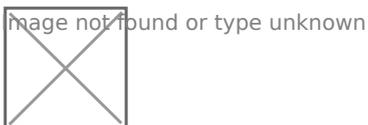
You can also specify the name of the start place and the end place in the virtual route.

Teams

In the challenge, it is possible to create teams. Results will be shown both individually and by teams.

There are 2 types of teams:

- Participants create their own teams.
- The organizer already determines what teams will be.

In case the teams are company departments or divisions or branches, then it is right to prepare them by the organizer himself. On the other hand, if you want teams to be created by the participants themselves, then this is also possible.

If it is expected that each team will have a different number of participants, we allow to define how many of the team's participants will be included. For example, if team A has 50 participants, but team B has 20 participants and it is indicated that only 20 participants will be included in the team, then only the 20 participants with the best result will be considered in both teams.

It is also possible to place the participants in teams in a "random" way after applying. To do this, contact support@distantrace.com.
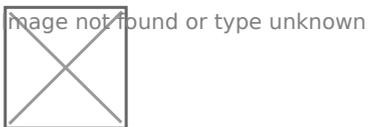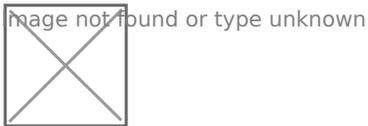
Change Event Information

In the challenge settings, you can change both the start time and the end date and time.

In addition, you can mark the status of the event:

- Published - Published and available.
- Unpublished - Not published. This can be used if the created event needs to be removed so that it is no longer available.
- Cancelled - If the event is cancelled, we can set this status.

In addition to this, you can define who the event is visible to. DistantRace has several levels:

- Public - Found on the homepage for any visitor. This status can only be set by a DistantRace consultant.
- Show for club members - Events are visible to those participants who are your club members.
- Unlisted - The event is only available if you know the private link.

- Private - You can only join the event if you know the private link + you also need to know the joining password.

To change the name, add an image and add a description, go to the section "Translations". In this section, you can add the name and description of the created event in different languages.

Stages of the Sports Event

If we want to create a sports challenge for the whole summer, but each month we want to see a winner, then we can create "Intermediate Results". You can find this in the "Stages" section.

When the stages are added, they can be seen in the results list. Stage results will also appear for the teams.

Age Groups

To make it more interesting for participants to compete among themselves, you can add age groups. Then it will be possible to view not only the total results, but also by age groups.

Groups can be defined in the "Groups" section.

The competition organizer defines his age groups once and they can be used in all other competitions. It's possible to specify not only birth years but also the gender, if needed.

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Once all age groups are added, they can be viewed in a simple way.

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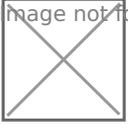
Additional Information Pages

Each sports event can have additional informational pages added, for example, rules. If rules are added, the participant will need to agree to the rules when joining the event.

The pages have 3 types:

- Regular page - A standard informational page that can be viewed next to the "results" and other sections.
- After-apply page - Informational page that appears after registration for the competition
- Regulation - The text of the rules that appears similar to the "Regular page", but additionally, the participant must agree to the rules before they can register for the competition.

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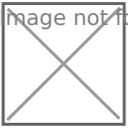
Additional Questions

If you want the participant to answer additional questions when registering, then you can add such questions. Both order and obligation to answer can be defined for each question.

Question types:

- Text - Text field
- Choice - Selection field
- Yes/No - Choose Yes/No
- Number - Numerical field

If a selection field is chosen, then all possible values that the participant can choose from must be specified.

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Registration Restrictions

You can specify when registration is possible and when it should end, as well as the minimum/maximum birth year for who can register for the sports event.

Objectives

It is possible to define achievable step objectives in 3 categories:

- Individual
- Cumulative for everyone together
- For each team

How to send an invitation for others to join?

Demonstration of Creating Sports Events

The video demonstrates how to create new sports challenges and invite friends or colleagues to join them.

[How to use distantrace.com to create new step challenge](#)

[https://youtu.be/1fGOxaBgK6A](#)

Where to find the link to send to others?

In the "Access" section, both a link and a QR code are available that can be sent to others. By scanning this QR code with a phone or visiting the event link with a phone, the participant will be able to register for the created challenge.
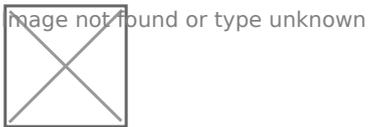
How to create diplomas for all participants?

DistantRace provides the possibility to generate virtual diplomas for participants.

We've recorded a simple video to show how diploma creation and generation takes place.

[How to generate diploma](https://youtu.be/qiGEazjpuuY)

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